

Stuzzichini

Marinated Olives Nocellava green royal olives, Liguniam black olives & Leccimo red olives dressed with extra virgin olive oil, chilli, garlic, parsley, lime and mint	£3.75	Bruschetta Romana (v) Toasted Italian bread topped with vine cherry tomatoes fresh basil and buffalo mozzarella	£4.50	Pane Con Aglio Hand stretched fresh pizza base	
Italian Bread Selection Selection of homemade Italian breads with grissini	£3.25	Bruschetta Prosciutto di Parma Toasted Italian bread topped with soft cheese, sundried tomatoes, parsley, red onion and parma ham	£4.95	Garlic	£4.25
				Tomato and Basil	£4.75
				Mozzarella	£4.95

Antipasti

Zuppa Della Casa (v) Cream of tomato soup with basil and home made toasted bread	£4.50	Paté Est Smooth chicken liver pate served with toasted home made bread and chilli spiced onion relish	£5.95	Spiedini Mare e Monti King Prawn and chicken skewers with sweet chilli and garlic mayonnaise dips	£6.45	Caprese Plum tomatoes and Buffalo mozzarella on a bed of rocket salad with a basil oil drizzle	£6.25
Est Duck Spring Rolls Spring vegetable and confit duck rolls on seasonal dressed leaves with hoisin sauce	£6.95	Torta di Granchio e Aragosta Spiced crab and lobster cakes deep fried and served with tartare sauce	£6.75	Carpaccio di Filetto Sliced rare fillet steak on a mustard honey base with olives, rocket, parmesan shavings and drizzled with a hint of Worcester sauce	£10.25	Antipasto Misto (2 people to share) Chefs selection of Tempura prawns, garlic button mushrooms, crab lobster cake, duck spring roll, chicken liver pate, mozzarella balls, parma ham, grissini, olives and dips	£14.95
Calamari Fritti Crisp fried calamari with roast garlic and lemon salsa	£6.55	Funghi all'aglio Garlic button mushrooms in bread crumbs deep fried topped with pancetta and onion relish served on a bed of rocket	£5.25	Cozze Crema Mussels with shallots, garlic, celery and white wine cream served with grilled bread	£6.25		
Tempura Prawns Prawns in a tempura batter served on a bed of rocket with a sweet chilli dip	£7.25						

Pasta

Spaghetti Carbonara Spaghetti in a smoked bacon, egg yolk and parmesan cream sauce	£6.25	£10.50
Linguini Gamberoni Piccanti Linguini with garlic tiger prawns, courgette ribbons, chilli, white wine, cherry tomatoes and a butter sauce	£12.95	
Spaghetti Bolognese Spaghetti with slow cooked beef and tomato ragu with basil	£5.95	£9.95
Lasagna Emiliana Layers of pasta, slow cooked beef and tomato ragu, béchamel sauce, baked with mozzarella and parmesan cheese	£5.95	£9.95
Risotto Funghi (v) Arborio rice with mushrooms in a shallot white wine cream sauce (add Chicken £1.00)	£6.95	£10.95
Cannelloni Vegetariano Fresh rolled pasta filled with mixed mushrooms, spinach, bechamel, mozzarella cheese baked in the oven with a tomato sauce	£11.25	
Linguine Marinara Linguini with king prawns, squid, mussels, clams, garlic flakes, chilli, parsley in a tomato butter sauce	£13.25	
Pasta al Forno Penne pasta, broccoli, chicken, gorgonzola cream sauce, mozzarella and topped with parmesan	£11.75	
Farfalle Pollo Primavera Farfalle pasta with chargrilled chicken, broccoli, carrots, asparagus, sugar snap peas, mozzarella, cream and toasted pine nuts	£6.95	£11.45
Farfalle Salmone Farfalle with flaked smoked salmon, asparagus and peas in a tomato cream sauce	£6.95	£12.25
Penne Arrabiata Penne Pasta with chilli, garlic, cherry tomatoes in an pomodora sauce (add Chicken £1.00)	£6.25	£9.95

Pizza

Margherita (v) Tomato and mozzarella with a pinch of oregano	£7.95
Calzone Carne Folded pizza with garlic chicken, ham, pepperoni, Bolognese sauce and buffalo mozzarella	£11.50
Pizza Piadina Salmone Half Folded pizza with tomato, mozzarella, cream cheese base topped with spinach and smoked salmon, sundried tomatoes and a drizzle of basil oil	£11.50
Pepperoni Pizza Tomato and mozzarella base with pepperoni and Spinada Calabrese.	£9.50
Pizza Quattro Stagioni Tomato and mozzarella base with Parma ham, pepperoni, artichokes, mushrooms topped with egg and oregano	£10.95
Pizza Marinara Calamari, tiger prawns, baby prawns, mussel meat, red onion, garlic flakes	£13.25
Caprina (v) Goats cheese, spiced onion jam, tomato ragu, mozzarella, rocket, shaved parmesan & balsamic glaze	£10.25
Extra toppings Ham, pepperoni, chicken, goats cheese, onions, pineapple, mushrooms, anchovy, sweetcorn, olives, chilli	£1.00
Insalate	
Insalata Cesare Char grilled chicken and romaine lettuce, pancetta, croutons, anchovies and parmesan dressing	£11.95
Insalate Salmone Pan fried salmon on a mixed leaf salad with cherry tomatoes, melon balls, avocado, celery, radish and drizzled with a light citrus sauce	£10.25

Carne

Vitello Milanese Flattened tenderloin of veal pan fried with bread crumbs and spaghetti pomodoro	£16.25
Agnello Menta Pan fried rack of lamb served with a gravy mint sauce	£15.50
Pollo e Asparagi Pan fried chicken breast topped with asparagus, parma ham and mozzarella with a white cream sauce	£13.95
Bistecca Fiamma 8oz flambéed rump steak with mushrooms and onion sauce with a drizzle of brandy	£17.95
Pollo Luciano Pan fried chicken breast, with king prawns and served with a garlic cherry tomato cream sauce and a touch of parsley	£14.25
Pollo Est Chicken breast with shallots, cherry tomatoes and olives in a tomato sauce finished with chop parsley	£13.50

Alla Griglia

All our beef is matured for a minimum of 28 days.	
8oz Fillet Steak Served with pan fried oyster mushroom and vine cherry tomatoes	£22.95
8oz Rump Steak Served with pan fried oyster mushroom and vine cherry tomatoes	£17.95
12oz Ribeye Steak on the bone Served with pan fried oyster mushroom and vine cherry tomatoes	£21.95
8oz Sirloin Steak Served with pan fried oyster mushroom and vine cherry tomatoes	£18.95
All our steaks can also be flambéed if you prefer - please ask your server.	
With our grilled dishes choose from the following sauces to accompany your meal...	
Peppercorn Red Wine Diane Garlic Butter	

Pesce

Spiedini Salmone e Branzino Pan fried salmon and sea bass served on a skewer with cocktail prawns, dill and a bisque sauce	£15.25
Zuppa di Pesce King Prawns, squid, mussels, clams, salmon, langoustine, baby prawns in a white wine Napoli sauce, fresh chilli and topped with pan fried fillet of sea bass	£16.95
Gamberetti Crown Five gamberetti prawns in shells, pan fried with garlic, shallots, white wine with a touch of paprika and served with toasted bread.	£13.95
Aragosta Lobster tail with butterfly pawns served with French fries and a choice of lemon butter sauce or lobster bisque	£21.95
Branzino Whole sea bass with roasted cherry tomatoes with a lemon butter sauce	£22.50

Contorni

Spinach, Cream & Almonds	£3.25
Seasonal Vegetables	£3.25
Roasted Garlic Potatoes	£3.25
Hand Cut Chips	£3.25
French Fries	£3.25
Sweet Potato Fries	£3.25
Mixed Seasonal Salad	£3.25
Rocket and Parmesan Salad	£3.75



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