

# Breakfast

Available Thursday to Sunday: 9am - 12pm

## Uova

<b>Benedict</b> Toasted ciabatta topped with ham, poached egg and hollandaise sauce	4.25
<b>Royale</b> Toasted ciabatta topped with smoked salmon, poached egg and hollandaise sauce	5.25
<b>Spinaci</b> Toasted ciabatta topped with spinach, poached egg, hollandaise sauce and parmesan	4.25
<b>Uova Strapazzate</b> Toasted sourdough bread topped with scrambled eggs	4.15
<b>Piccolo</b> Toasted sourdough bread with your choice of eggs served with mushrooms, bacon or salmon	5.50
<b>Avocado Fracassato</b> Toasted sourdough bread topped with smashed avocado, chilli flakes and poached egg	4.75
<b>Diavolo</b> Toasted ciabatta topped with poached egg, beans, tomato, spicy sausage and parmesan	4.85

## Et Alia Classics

<b>Et Alia Classic</b> Bacon, sausage, egg and mushrooms on toasted sourdough bread	3.95
<b>Italian Job</b> Choice of eggs, 2 rashers of bacon, sausage, baked beans, grilled tomato, black pudding, mushrooms, hash brown and toast	5.75
<b>Panino al Bacon</b> Bacon on a toasted ciabatta	3.25
<b>Vegetariana</b> Choice of eggs, smashed avocado, beans, courgette fritters, mushrooms tomatoes and toast	5.25
<b>Vegan</b> Beans, smashed avocado, courgette, mushrooms, tomatoes and toast	4.95
<b>Puglia (v)</b> Toasted ciabatta, mozzarella cheese, tomato slices and drizzled with handmade pesto	4.25
<b>Et Alia BLT</b> Crispy bacon, lettuce and tomato on toasted sour dough bread	3.95
<b>Funghi e Spinaci</b> Mushrooms and spinach on toasted Italian bread	3.45
<b>OMELETTES</b>	
<b>Ham and Cheese</b>	5.25
<b>Spinach and Smoked salmon</b>	5.55
<b>Mushroom</b>	5.20
<b>Plain</b>	4.00
<b>Et Alia Super Breakfast Club</b> Bacon, sausage, mushrooms, melted mozzarella cheese on a toasted ciabatta	3.95
<b>Il Pancake</b> Pancake with bacon and honey	4.25
<b>Ill Pancake Dolci</b> Pancake with strawberries, blueberries, raspberries, yoghurt, caramel sauce	4.50
<b>Toast and Jam</b> Choice of strawberry/marmalade/blackcurrant	1.00
<b>Porridge</b> Porridge oats with seasonal fresh fruits and honey	2.95
<b>Yoghurt, Granola and Fresh Fruit</b>	3.95

## Contorni

<b>Skinny Fries</b>	2.95
<b>Portion of Beans</b>	0.75
<b>Rasher of Bacon</b>	1.00
<b>One Sausage</b>	1.00
<b>Slice of Black Pudding</b>	0.75
<b>One Hash Brown</b>	0.75
<b>Portion of Mushrooms</b>	0.75
<b>Slice of Toast</b>	1.00
<b>Poached/Fried Egg</b>	1.00

## Juices

<b>Fresh Orange</b>	2.00
<b>Fresh Apple</b>	2.00

## Smoothies

<b>Fresh Berry</b> Blackberry, strawberry, raspberry and blackcurrant	2.95
<b>Fresh Greens</b> Apple kiwi pear mint and apple juice	2.95

## Coffee

<b>Cappucino</b>	2.20
<b>Filter</b>	2.20
<b>Caffe Latte</b> Add vanilla or caramel	2.20
<b>Americano</b>	2.20
<b>Flat White</b>	2.20
<b>Espresso</b>	2.20
<b>Hot Chocolate</b> with toasted marshmallows	2.20

## Tea

<b>English Breakfast</b>	1.80
<b>Earl Grey</b>	1.80
<b>Mint</b>	1.80
<b>Honey</b>	1.80
<b>Camomile</b>	1.80

